

## **Day 6, January 14: To be filled with Power and Purpose**

“Prayer should be the key of the day and the lock of the night.” - *George Herbert*

### **Scriptures:**

**Psalm 61:3 & 5:** *For you have been my refuge, a strong tower against the foe. For you, God, have heard my vows; you have given me the heritage of those who fear your name.*

**Psalm 92:11:** *My eyes have seen the defeat of my adversaries; my ears have heard the rout of my wicked foes.*

**Romans 15:13:** *May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.*

### **Reflections:**

As we near the end of the first week of fasting, you may be tired. You may be wondering how you will be able to fast for two more weeks. It reminds me of how often in life we feel tired. Physically tired, spiritually tired, or/and emotionally tired. We have so many things pulling at our time and making us tired. Our daily task lists seem to get longer and longer with less and less time for rest, or spending quality time with the Lord. Do you ever have those days where you just feel completely drained? Like you have nothing left to give? I often ask myself, “How can I fulfill the purpose God has for me when I feel like I have no more to give?” The answer is simple. God’s Word, the Bible. However, sometimes the Word of God is our last thing to seek after to refuel our natural bodies and our spirits.

Jesus tells us in John 15:1-4, “I am the vine, and my Father is the gardener. He cuts off every branch in me that bears no fruit, while every branch that does bear fruit, he prunes so that it will be even more fruitful... Remain in me, and I will remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me.” This is why seek or searching the Word of God first. Matthew 6:33, tells us to “Seek ye first

It takes discipline to keep our devotions at the top of the priority list. Especially, when there are so many other things fighting to be at the top of the list. The Bible is very clear though, in that if we are to bear fruit we must stay connected to the vine. He will prune us to bear fruit and cut off what is not bearing fruit for His purpose. God does have a plan and a purpose for each and every one of us. We must remain in Him to be filled with the power of the Holy Spirit. If we put God first and stay connected to Him, He will give us the strength and power to do the tasks He has set before us.

### **Prayer:**

Father God, I pray for You to help me stay connected to the Vine. Lord, I desire You in every aspect of my life. Please prune off the things that are not important and get in the way of my time with You. I know that I can only fulfill your purpose for me by being filled with Your Holy Spirit.